

Physical Education Curriculum Statement

Impact

At Stockland C of E Primary Academy our aim is to provide a high-quality physical education curriculum that inspires all pupils to succeed and excel in an array of physical activities.

We want all children at Stockland to experience a wide variety of sports and physical skills which will enhance life-long fitness and life choices. PE can challenge and promote self-esteem through the development of physical confidence and problem solving. It can teach children to cope with both success and failure in competitive, individual and team based physical activities. Furthermore, physical activity can be used as a tool to assist children in expressing their individuality in the form of creative movement.

Physical activity is crucial in the development of a healthy body and mind. We want our children to foster an active attitude to their learning and to develop a level of activity that can be continued for sustained periods, leading to the intention of all of our children to lead healthy, active lives.

Implementation

PE at Stockland is taught by a specialist, qualified sports coach. Children have an equal opportunity to participate in a range of sports and physical activities within a supportive environment where effort as well as success is recognised. Physical activity is encouraged during break and lunch times. In all out of class sessions, sports equipment is provided to support Stockland's approach. Throughout different days, various sporting equipment is provided for the children; this includes: football, basketball, tennis, hockey, and general ball skills.

PE at Stockland is taught in relation to the National Curriculum intentions and is structured to provide a range of sports experiences during which every child participates to develop their skills and learning through competitive, team and individual sports. Through this provision, children can aim to flourish at sports in which they have a particular interest or flair for.

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Our children have a secure understanding of leading healthy lifestyles. Through our extensive programme of teaching, our children have been afforded the skills to enable them to participate in sports and team games. The benefits of our P.E curriculum have afforded our children with the skills to be able to work as part of a team and individually with the confidence to make decisions for both themselves and the team.

Through experiences offered, our children have the ability to take the initiative and become excellent young leaders, organising and officiating, and evaluating what needs to be done to improve- leading to motivating and instilling excellent sporting attitudes in others.

These skills enable our children to have the self-belief and motivation to take the necessary steps to improve themselves as young adults, including having the resilience to be brave and take risks in life.