

SCHOOL MEAL MENU OPTIONS

** Great Food for Thought **

Menu Starting
April 2021

	HOT MENU WEEK 1	HOT MENU WEEK 2	HOT MENU WEEK 3
MONDAY	MAIN COURSE 1	Unsmoked HAM SALAD with Rice, Mixed Beans, Sweetcorn & Green Salad	Home Made HOT DOGS(2) with Chips & Salad
	MAIN COURSE 2	CHEESE(7) SALAD with Rice, Mixed Beans, Sweetcorn & Green Salad	Home Made VEGETABLE HOT DOGS with Chips & Salad
	PUDDING	MIXED FRUIT YOGURT(7) Made on an Award Winning Family Dairy Farm	MIXED FRUIT YOGURT(7) Made on an Award Winning Family Dairy Farm
TUESDAY	MAIN COURSE 1	CHICKEN PIE with Gravy	HAM, MAC & CHEESE(2)(7) with Red & Green Mixed Salad
	MAIN COURSE 2	Mixed Vegetables & Puff Pastry(2) Top	MAC & CHEESE(2)(7) with Red & Green Mixed Salad
	PUDDING	Mixed Vegetables & Puff Pastry(2) Top Home Made	Home Made SICILIAN LEMON BUN(2)
WEDNESDAY	MAIN COURSE 1	ROAST PORK & Apple(6) Sauce with Seasonal Greens, Roast Potatoes & Gravy	ROAST BEEF(4) & Yorkshire Pudding(2)(7) with Seasonal Greens, Roast Potatoes & Gravy
	MAIN COURSE 2	VEGETABLE FINGERS with Seasonal Greens, Roast Potatoes & Gravy	QUORN FILLETS(4) with Seasonal Greens, Roast Potatoes & Gravy
	PUDDING	Freshly Prepared FRUIT SALAD(3)(6)(7)	Freshly Prepared FRUIT SALAD(3)(6)(7)
THURSDAY	MAIN COURSE 1	Our Home Made CHIPOLATA SAUSAGES(2) Baby Potatoes, Peas, Gravy	CHICKEN & TOMATO(1) PASTA BAKE(2)(7) with Mixed Vegetables
	MAIN COURSE 2	VEGETARIAN SAUSAGES Baby Potatoes, Peas, Gravy	MOZZARELLA(7) & TOMATO(1) PASTA BAKE(2) with Mixed Vegetables
	PUDDING	CHOCOLATE CHIP BUN(2)(13)	CHOCOLATE(7) CRACKNEL
FRIDAY	MAIN COURSE 1	FISH(5)(2) FINGERS with Rice & Sweet Corn with & Spicy Tomato(2)(1)(2)(8)	JACKET POTATO, TUNA MAYO(4) & SWEETCORN with Salad
	MAIN COURSE 2	VEGETABLE FINGERS(2) with Rice & Sweet Corn with & Spicy Tomato(2)(1)(2)(8)	JACKET POTATO, CHEESE(7) & BEANS(1) with Salad
	PUDDING	APPLE(6) CRUMBLE(2) with Custard(7)	GINGERBREAD SHAPES(2)

Milk & Freshly Baked Wholegrain Bread is included with this Menu. Fresh Fruit & Oily Fish options (Food Plan recommendation) are always available daily. When using Rice, Pasta and Flour in our recipes, we use a combination of both White and Brown. Allergen & Intolerance codes accompany each Item with an explanation in the Key below.

- devised and independently verified in accordance to the School Food Plan 2015 -

ALLERGENS (Using FSA Codes): Celery(1); Cereals (Gluten)(2); Eggs(4); Fish(5); Milk(7); Mustard(9); Nuts(10); Peanuts(11); Sesame Seeds(12); Soya(13); Sulphites(14)

INTOLERANCES: Tomato Products(1) Capsicum Products(2) Soft Fruit Products(3) Beef(4) Aubergine(5) Apple(6) Oranges(7) Onion(8)

Please be aware we use all types of foods in our Kitchens. We have eliminated Palm Oil Ingredients where currently possible. Substitute menus are available but may be an additional charge